

ROAD RACE FASTEST TIME

	2009	2008	2007	2006	2005	2004	AVG	Record Holder
SM Pro-1-2	3:53:55	3:43:39	3:44:39		3:50:47	4:04:56	3:51:05	Blake Caldwell
SM 3	4:13:52	4:00:02	3:54:56		4:04:58	4:09:04	4:02:15	Brett Tack
SM 4	2:34:46	2:29:03						Matthew Benti
SM 35+	2:41:22	2:24:35						Brain Krombein
SM 35+_3	2:39:24							Charles Knoll
SM 35+_4	2:48:58	2:35:06						Matt Swenson
SM 45+	2:37:35	2:30:17						Karl Kiester
SM 45+_4	2:48:35							Gary Sharp
SM 55+	2:52:24	2:43:33						Barry Messmer
SM 65+	3:13:03	2:56:35						Alfred Hiltbrunner
SW 1-2	2:45:09	2:38:21						Terri Clouse
SW 3	3:02:37	2:42:56						Jennifer Harrison
SW 4	3:07:37	2:57:13						Shawnie Tatarchuk
SW 35+	3:00:52	2:57:10						Kimberly Nuffer
	3:00:17	2:49:18						

TIME TRIAL FASTEST TIME

	2009	2008	2007	2006	AVG	Record Holder
SM Pro-1-2	0:21:27	21:03.10	20:44.58	22:02.43	21:16.70	Jonathan Garcia
SM 3	0:22:37	22:25.00	22:26.18	23:09.82	22:40.33	Chris Carr
SM 4	0:23:14	23:43.46	23:16.03	23:54.56	23:38.02	Peter Schimpf
SM 35+	0:24:15	22:07.17	22:29.87	22:28.90	22:21.98	Chris Spence
SM 35+_3	0:23:45					Todd Schuster
SM 35+_4	0:25:44	23:57.25	23:09.65	24:42.49	23:56.46	Matthew Segur
SM 45+	0:23:50	22:45.16	22:57.72	23:38.55	23:07.14	Jim Dickerson
SM 45+_4	0:25:28					Geoff Cooper
SM 55+	0:24:56	28:22.37	25:16.94	24:33.32	26:04.21	Dennis Hastings
SM 65+	0:26:18	29:19.99				Jim Dlouhy
SW 1-2	0:25:30	24:11.37	24:59.63	25:04.55	24:45.18	Meredith Miller
SW 3	0:26:46	27:01.47	26:34.26	27:06.70	26:54.14	Terri Clouse
SW 4	0:28:13	28:32.05	29:11.42	27:55.94	28:33.14	Whitney Henderson
SW 35+	0:27:32	27:00.60	27:39.98	26:52.54	27:11.04	Kimberly Nuffer

Record

2006 SM PRO-1-2 and SM 3 on shorter course due to forest fire

2008 NEW RR COURSE FOR ALL CATS EXCEPT SM PRO-1-2; SM3

Slowest

5:18:12

5:35:00

3:29:33

3:06:00

3:04:12

3:44:10

3:14:36

4:26:24

4:20:39

3:58:00

3:21:00

3:52:06

4:17:01

4:36:36